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CIRCLE UP!

Northwest Outward Bound School
Alumni & Friends Virtual Event

October 22-24, 2020



NORTHWEST
OUTWARD BOUND SCHOOL

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 #NWOBS



NORTHWEST
OUTWARD BOUND SCHOOL

CIRCLE UP!


A year like no other.

Yet a year where the compassion, resilience, and leadership of our students, staff and board has truly made a difference, both in their own lives and that of their families and communities.

As we've jointly steered NWOBS through this tumultuous time, we've spoken often about our organizational mission, the values our alumni hold and how so many of you all are out there, helping your families, communities and amplifying the good in the world. **That thought has kept us inspired.** We know that each of us has personally benefitted from our Outward Bound experience in ways that have not only helped us persevere this year but has positively impacted those in our lives. **We are stronger because we have been Outward Bound.**

This year has tested the limits of our organizational resiliency and found a staff and board **with the fortitude to fight for the students we will serve this fall, next year and beyond.** Through all those unrelenting tests it has reminded us **how often in life the teacher is also the student.** We know that on an Outward Bound course students grow the most and the quickest during the moments of intense challenge. **For NWOBS, this is that time, and this is our course.** We will be better and stronger from the challenge, the hardship, the lessons learned. And we will have gained a crew like no other we've ever had. **Thank you for being that crew.**

As we gather this week virtually, we hope you find ways to give back to an organization that helped so many of us build the skills we needed for this year. There will be ways to give back to each other, to give back to current staff and students and give back to the organization, so that we collectively we can pay it forward. **And in this giving we celebrate our community.** We celebrate our decades of impact, our current programs, staff, and students and we celebrate a future where we can help our students hone the skills needed **to advance our communities towards a brighter future.**


Kathleen Wood
Board Chair


Marc Heisterkamp
Executive Director

Schedule of Activities

THURSDAY 10/22

5:30pm-7:00pm PT

- Happy Hour with Breakouts by Decade

FRIDAY 10/23

9:00-10:30 am PT *(choose 1 of 3 options)*

- From Spark to Flame: Conversations about Life After Outward Bound.
- OB History: Re-examined
- Recreating Responsibly: How to Improve Inclusion and Diversity in the Outdoors

1:00-2:30pm PT *(choose 1 of 3 options)*

- What is NWOBS doing to Improve Equity, Inclusion, and Diversity in our Organization
- White Privilege in Experiential Education
- OB in New Contexts: Partner Programs Showcase

3:00pm-4:30pm PT *(choose 1 of 3 options)*

- Exhibiting Compassion in a Polarized World
- Women in the Outdoors and Leadership
- Alumni Reflection Panel: Storytelling from Across the Decades

6:00-8:00pm PT

- Trivia hosted by Jack Copland

SATURDAY 10/24

9:00am-10:30am PT *(choose 1 of 3 options)*

- Transform the Impossible: Living with MS Using Lessons from OB
- Recognizing Privilege and Overcoming Bias
- Skills to Help Promote Genuine Conversation with Friends and Family

7:00 - 8:00pm PT *(Pre-Cast starts at 6:30pm PT!)*

Circle Up Gala: A Benefit for NWOBS,
with special guest **Cheryl Strayed,**
raffles, and **exciting auction packages!**

Breakout Sessions

THURSDAY 10/22

5:30pm-7:00pm PT

Happy Hour with Breakouts by Decade We will kick off the evening with a Welcome from Executive Director, Marc Heisterkamp, and live demonstration for an optional at-home cocktail. Take the opportunity to meet or reconnect with other members of the NWOBS community!

FRIDAY MORNING 10/23

9:00am-10:30am PT

From Spark to Flame Two-time Outward Bound alum Dan Lilienthal will host this opportunity to share your experiences with life after Outward Bound, and explore the meaning of keeping the flame alive.

Outward Bound History: Re-examined Course Director and Staff Trainer Alison Lay Cranston will explore the history of Outward Bound, and how it has influenced where the school is today.

Recreating Responsibly; How to Improve Inclusion and Diversity in the Outdoors Outward Bound Instructor Benny Dalley will focus on ways to create a more inclusive and equitable outdoors.

FRIDAY EARLY AFTERNOON 10/23

1:00-2:30pm PT

What is NWOBS Doing to Improve Equity, Inclusion, and Diversity [EID] in Our Organization Learn about the work that NWOBS and OBUSA have been doing and our EID Strategic Plan for 2020 and beyond. Facilitated by Morgan Oyster-Sands, Student Services Director, Equity, Inclusion & Diversity Specialist.

White Privilege in Experiential Education Dr. Jeff Rose, NWOBS Instructor, Course Director, and Trainer, will challenge participants to identify and rectify white privilege perspectives embedded into outdoor education and outdoor recreation activities.

Outward Bound in New Contexts: Partner Programs Showcase Learn about day programs and hybrid courses NWOBS has offered this fall and will continue to run through the winter.

FRIDAY LATE AFTERNOON 10/23

3:00pm-4:30pm PT

Exhibiting Compassion in a Polarized World

NWOBS Instructor and science education researcher Dave Owens will employ qualitative analysis to better understand compassion and the role it can play in uniting a polarized population.

Women in the Outdoors and Leadership NWOBS board members Amy Compton and Chris Tye will lead a panel of outdoor professionals discussing their experiences as women in the outdoor industry and in positions of leadership.

Alumni Reflection Panel: Storytelling from Across the Decades

Veteran NWOBS Instructor Jim Merrit panel discussion with student alumni from the 60s to present day, highlighting what changed over the decades, and has stayed the same.

6:00-8:00pm PT

Trivia! Engage and connect over Zoom from all over the country and world. Hosted by NWOBS Instructor & Course Director Jack Copland.

SATURDAY MORNING 10/24

9:00am-10:30am PT

Transform the Impossible; Living with MS Using Lessons from OB

NWOBS graduate Gin Oman will tell her story of being diagnosed with MS and overcoming insurmountable odds using many internal fortitude that she gained from her NWOBS experience.

Recognizing Privilege and Overcoming Bias Participants will learn to recognise their own level of privilege, increase awareness of their own biases, and to see how those things affect others. Facilitated by NWOBS Instructor & Course Director Jack Copland.

Skills to Help Promote Genuine Conversation with Friends and Family

Reflect on assertive communication skills learned with Outward Bound discuss new skills to help foster genuine conversation. Facilitated by Course Director Stu Montgomery.

Gala Program, Saturday Oct 24

6:30-7:00

Pre cast – Pull up a chair!

7:00-8:00

Passing the Outward Bound flag
Welcome and Land Acknowledgement
State of School, Marc Heisterkamp
Live Auction Package Highlights
Student Testimonials
Cheryl Strayed, Keynote Address
Special Appeal
Raffle Prize Drawing
Program ends

Wild Raffle Package

Tickets: \$35 | Raffle and auction open Monday, Oct 19

Enjoy a stay at a cozy Mt. Hood cabin on the Sandy River, take a guided hike on the Pacific Crest Trail and visit Timberline lodge, then enjoy **Wild** author Cheryl Strayed's favorite Portland spots.

Package includes **two night stay** at a riverside cabin on Mt. Hood near the PCT, **Broadway Floral Home & Garden Gift Card**, gift cards for two Portland dining favorites, **Guilder Cafe** and **Lucca**, a **Timberline Lodge Gift Card**, a **leather bound copy of Wild**, a **Wild soundtrack CD**, **2021 calendar**, a **guided hike along a portion of the PCT**, and a **2-hour women's wilderness workshop**.



Auction Packages

1. ESCAPE TO SAN FRANCISCO AND SONOMA

Winery Tours & Tastings, 3-Night Stay with Airfare for 2



Enjoy a total of **three nights in northern California**, exploring the highlights of San Francisco and the rich wine country region of Sonoma.

Package includes **one night stay** at the Fairmont San Francisco **two night stay** at The

Fairmont Sonoma Mission Inn & Spa, **Tasting for 2** at Chateau St. Jean, Sonoma and **Airfare for 2**

2. FAIRMONT SCOTTSDALE GOLF AND SPA

3-Night Stay in Scottsdale, with Airfare for 2



With more than 300 days of sunshine each year, Scottsdale lies in the heart of the lush Sonoran Desert. Championship golf courses wind around mammoth boulders and towering Saguaro cacti. Local spas soothe your body and soul. And a

vibrant downtown tempts you with world-class shopping, fine art galleries, renowned restaurants and high-energy nightlife. Includes **\$500 in gift cards** towards golf and/or spa treatments, **three night stay** at the Fairmont Scottsdale Princess with daily breakfast for 2 and **airfare for 2**.

3. LAKE TAHOE SKI GETAWAY

3-Night Stay with Airfare for 2



It doesn't get better than the majestic beauty of Lake Tahoe combined with a wide array of choices from skiing, dining, and nightlife.

Package includes **three night stay** in at the Hyatt Regency Lake Tahoe Resort, **\$250 in Hyatt gift cards** for lift tickets for skiing or snowboarding, and **airfare for 2**.

4. STAY AND PLAY ALBUQUERQUE

2-Night Stay in Albuquerque with Hot Air Balloon Ride for 2



Sunrise Hot Air Balloon Ride! Watch daylight appear above the Rio Grand Valley during a sunrise hot air balloon ride from Albuquerque, and see the first rays illuminate the rugged Sandia Mountains.

Package includes a **sunrise hot air balloon ride for two**, and a **two night stay** in Albuquerque.

5. TUSCANY CULINARY ESCAPE

Winery and Olive Oil Press Tour & Tasting, 2 Nights in Rome & 5 Nights in Tuscany



Gourmets and wine buffs descend on this hidden Tuscan Valley, famous for its prosciutto, pork, pecorino cheese and honey – and for walking, hiking and biking between meals.

Package includes a **two night stay** at the Hotel Ponte Sisto, Rome, a **five night stay** at Renaissance

Tuscany Il Ciocco, **daily breakfast** for two and **an olive oil mill tour and tasting**.

6. IRELAND ADVENTURE

6-Night Getaway in Dublin, Ennis & Killarney



Escape the run of the mill and become enchanted with a captivating journey through Ireland. Discover hidden gems on this guided adventure through Gaelic culture. Package includes a **one night stay** in Dublin, **one night stay** in Ennis, **two night stay** in Killarney,

one night stay in Dublin, as well as **tours of Inis Oirr, Cliffs of Moher, Gap of Dunloe, and Guinness Storehouse**, Includes a **6-day car rental**.

7. CENTRAL OREGON GETAWAY



Enjoy the beauty of Central Oregon with a stay in Sunriver, visit to the **Bend Rock Gym**, and a naturalist tour with **Wanderlust Tours**. Includes **three night stay** in Sunriver home, two adult Bend Rock Gym **Day Passes and Rentals**, a **Patagonia Atom Pack 18L**, and a **half-day naturalist tour for two**

8. FOOD LOVERS WEEKEND IN PORTLAND



Out of towners and Portland locals alike will enjoy this weekend filled with delicious food from three different Portland restaurants while staying in a cozy Portland Airbnb

Enjoy **dine-in or take out with this \$100 gift card** at Oregon's original farm-to-table restaurant.

Package includes **three night stay** at a Portland Air BnB (full house to yourself), **Higgins Restaurant Gift Certificate** (\$100) **Kells Irish Pub Gift Certificate**, **Flying Pie Pizza Gift Certificate**, full **spices package** from Savory Spice in Portland, **tea, & tea kettle**.

9. WINTER ADVENTURE IN THE METHOW VALLEY

Ski the largest cross country ski area in North America!



Package includes **two night stay at the Mazama Country Inn**, a visit to **Blue Star Coffee and coffee package**, **Methow Trails Passes**, a **Goat's Beard Rentals certificate**, and a **Heli-Ski** (yes out of a helicopter!) or **Ski Touring adventure** (winner's choice!)

Don't have gear? No problem, this gift card provides **two rentals for fat bikes or regular bikes, nordic ski package, or backcountry ski package**.

10. ESCAPE TO WHIDBEY ISLAND

Challenge yourself or treat yourself with all the things to do on Whidbey and Camano Islands



You can hike, fish the many beaches, or stroll the walking-friendly shopping venues featuring a variety of restaurants and local experiences.

Package includes **two night cottage stay** in Langley, **three bottles of wine**, two boxes of **spices from Savory Spice**, and a gift certificate for **one case of kombucha from Brew Dr. Kombucha**.

II. COASTAL WEEKEND IN LINCOLN CITY AND FLORENCE

Your search for the perfect coastal retreat ends here!



Head out to the **Oregon coast** for ocean views, salty breezes, and a cozy atmosphere! Package includes a **gift card to Black Squid Taproom**, Lincoln City, **three vouchers for Sand Master Sandboarding/ Venomous Sandboards**, and **two bottles of Union/ Underwood wine**.

This dog-friendly house in Lincoln City will bring guests of all generations together for a memorable getaway.

Alumni Spotlight

MICHAEL LEWIS

Michael Lewis, New York Times bestselling author of *Liar's Poker*, *Moneyball*, and *The Big Short*, went on a life-changing Pacific Crest Outward Bound School course in 1980. **Watch a special interview of Michael Lewis** by Roger Mellem, former Instructor, about his memorable experience.



What is NWOBS?

Since 1965, Northwest Outward Bound School has been a premiere provider of outdoor and experiential education in the beautiful Pacific Northwest. Our mission is to change lives and communities through challenge and discovery. We offer a diverse range of programs for youth and adults including wilderness courses, community partnerships with aligned organizations, school partnerships, and professional development development courses.



**NORTHWEST
OUTWARD BOUND SCHOOL**

Northwest Outward Bound School Board

Northwest Outward Bound School is guided by a passionate and committed group of individuals dedicated to the growth of our students and the success of the School. Our board members come from diverse backgrounds and experiences, many are Outward Bound alums or former staff and know firsthand the impact of Outward Bound.

BOARD MEMBERS

Amy Moran Compton

Development & Safety Committees

Kara Dahl

*Board Treasurer; Finance (Chair)
Executive & Development Committees*

Alan Ewert

Executive & Safety (Chair) Committees

Dan Mahoney

Finance & Safety Committees

Henry Morse Jr.

Executive, Finance & Governance (Chair) Committees

Eric Rizza

Finance & Governance Committees

Scott South

Finance Committee

Chris Tye

Development (Chair), Executive & Finance Committees

Mark Waller

Development & Finance Committees

Kathleen Wood

*Board Chair, Board Secretary; Executive (Chair)
Development, Finance & Governance Committees*

Presenters

Amy Compton
Jack Copland
Alison Lay Cranston
Benny Dalley
Lauren Gross
Marc Heisterkamp
Dr. Jeff Rose
Dan Lilienthal

Jim Merritt
Stu Montgomery
Karen Morse
Gin Oman
Dave Owens
Morgan Oyster-Sands
Joel Reid
Chris Tye

Event/Development Committee Members

Mike Armstrong
Chris Baker
Tiffany Bolstad-Cox
Kait Boyle
Bess Brackett
Megan Brown
Cori Callahan
Josh Cole
Amy Compton
Jack Copland
Alison Lay Cranston
Elizabeth Dalley
Kelsey Farabee
Dani Golden
Anna Guenther
Erika Kercher Halm
Emily Johnston
Kristin Kanan
Arianna Kosel
Dan Krabacher
Daniel Lilienthal
Jim Merritt

Stuart Montgomery
Karen Morse
Henry Morse
Eric Norris
Perry Norris
Virginia Oman
Marty Oppenheimer
David Owens
Morgan Oyster-Sands
Trisha Paul
Valerie Plummer
Joel Reid
Jeff Rose
Steve Smith
Dalia Solano
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Christine Tye
Kathie Velazquez
Frank Vernon
Brian Wasiewski
Doug Wells
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