



To determine your travel dates: Double-check your registration email for course start & end dates

COURSE START: 3 PM at Redmond Airport (RDM), Oregon – Baggage Claim

Please arrive well-rested, hydrated, as healthy as possible, having eaten and made any necessary phone calls **before 3 PM** on your course start date.

A Northwest Outward Bound School representative will be at Baggage Claim to ensure that everyone has arrived and will be available to answer any last-minute questions. Participants without final approval from their Course Advisor will not be allowed on course. PLEASE DO NOT BE LATE: it is extremely difficult to get late arrivals to the course start.

If your flight has been delayed, CALL:

During regular business hours, Monday-Friday 8:30 AM-5 PM (Pacific)	(503) 946-3404 option 3
Weekday evenings (until 8 PM), or on weekends 8:30 AM – 8 PM (Pacific)	(541) 699-1001 option 0

MID-COURSE TRAVEL TO NEW DELHI, INDIA

We will travel together to New Delhi, India from Oregon on a pre-selected flight. Once you have received final approval for your course, you may contact Ruby Frederick at Southlands Travel (see information below) to purchase your ticket on the pre-selected flight. You must make these arrangements before the beginning of the course. Be prepared with the following information:

- | | |
|---------------------------|--|
| CONTACT: | 1. Name of caller and full name of person traveling |
| Ruby Frederick, CTA | 2. Complete course number (examples: WOTV-941, WOYN-943) |
| (303) 680-5241 | 3. City from which the student will be traveling |
| ruby@southlandstravel.com | 4. Phone number where you can be reached |
| | 5. Age of student and date of birth |

COURSE END: Indira Gandhi International Airport

This course will end at the Indira Gandhi International Airport. Please check with your Course Advisor about the exact end time as it will depend largely on the group flight time back to the U.S. Students will have a choice to stay in India after the course ends or travel back to the U.S. with the group. Please have that decision made when you contact the travel agent, so you can work with her on your return flight arrangements. If you decide to change your travel plans after the ticket is purchased, you are responsible for any fees associated with those changes.

SITUATIONAL CONSIDERATIONS

ACCOMMODATIONS:

For participants who will be arriving a day early for course start, the following hotels are located near the Redmond airport (ask if they offer shuttle service or special rates for Northwest Outward Bound students):

Comfort Suites	2243 SW Yew Ave., Redmond	(541) 504-8900
Best Western Plus Rama Inn	2630 SW 17 th Place, Redmond	(541) 548-8080
Super 8 Motel	3629 SW 21 st Place, Redmond	(541) 548-8881



INTERNATIONAL TRAVEL CHECK LIST:

- Passport with 6 months validity beyond stay in India
- Two copies of your passport (bring to Course Start with you)
- Pictures for visa application (see specifications under "Visa" section)
- A copy of your Visa Or Electronic Travel Authorization (ETA) Visa confirmation
- Go to your doctor or a travel clinic and get up to date on any needed vaccinations and immunizations

PASSPORT:

The passport must be signed, valid for 6 months beyond stay in India, with at least two blank passport pages available for Indian visa stamps. Amendment pages in the back of the passport are not suitable for Indian visas.

Check your passport expiration date now to make sure it meets these requirements. Arrive for course with two color copies of your passport. We will keep one at our office during course and bring the other copy to India.

VISA:

Upon approval for course, you will need to obtain your Visa for India. The India Visa can be processed online. Applicants may apply online 120 days prior to their arrival in India. Please apply for your Visa prior to course start. Please take time to look through the Visa application information to ensure you understand the process and arrive at the course start with everything you need:

Online Visa Application: <https://indianvisaonline.gov.in/visa/tvoa.html> or <http://evisaindia.org.in/>

Instructions for Visa Application: <https://indianvisaonline.gov.in/visa/tvoa.html>

Visa Document Requirements: <https://indianvisaonline.gov.in/visa/tvoa.html>

Visa Fee: \$60-\$120

Reference in India: Contact Student Services to obtain the updated reference information for the via process.

TRAVEL INSURANCE:

For the international section of this course you are covered by travel insurance through Outward Bound so you do not need to purchase additional coverage. However, if you would like different coverage than what we offer, you can purchase that independently. Look through the travel insurance details in the documents we have provided thoroughly so you understand what is covered while you are on course.

VACCINATIONS, IMMUNIZATIONS, AND HEALTH INFORMATION:

For international travel, Outward Bound follows the suggestions and requirements as set by the Center for Disease Control. You can find the most up-to-date information on this [CDC India webpage](https://www.cdc.gov/india/). Any vaccinations, immunizations, or medications you need for our time in India must be taken care of before the course start date.

OUTWARD BOUND HEALTH AND SAFETY STANDARDS

Outward Bound schools continue to monitor the COVID-19 pandemic and will adjust policies and procedures as the situation evolves. Students applying for summer 2021 programs will be advised through frequent email updates about any changes in travel information, testing requirements, and physical distancing and hygiene practices. [For current "Health and Safety Standards for Outward Bound Expeditions," click here](#)

Further details will be sent to students approximately two months before course start date.

SUGGESTED PRE-COURSE READING

You will be spending time exploring incredible outdoor landscapes, as well as interacting with a new (for some of you) culture. As you have time before the start of your course, we suggest looking into the areas where you will be traveling to better prepare for this unique blend of activities and culture. Especially for people who have not traveled out of North America we encourage you to get familiar with India and the "Adjustments and Culture



Shock” information below. Use the course description to look up the specific locations where we will be traveling or check out the list below:

- Deschutes River, OR
- Central Oregon Cascades
- Kauri Pass Trek
- [Adjustments and Culture Shock](#)
- [Outward Bound India](#)
- Ganges River (*Please note that we will be traveling near the mouth of the Ganges River. Much of what you will read online is regarding the more populated regions around the Ganges which has led to significant pollution. This is not where we will be rafting.*)