



*To determine your travel dates: Double-check your registration email for course start & end dates*

**COURSE START: 11 AM at Seattle-Tacoma Airport (SEA) – Seattle, Washington  
Baggage Claim Level, seating area near baggage carousel #1  
(South side of the main terminal in the [Gina Marie Lindsey Arrivals Hall](#))**

Please arrive well-rested, hydrated, and as healthy as possible. Eat lunch and make any necessary phone calls **before 11 AM** on your course start date.

A Northwest Outward Bound School representative will be near Baggage Carousel #1 to ensure that everyone has arrived and will be available to answer any last-minute questions. Participants without final approval from their Course Advisor will not be allowed on course. PLEASE DO NOT BE LATE: it is extremely difficult to get late arrivals to the course start.

If your flight has been delayed, CALL:

During regular business hours, Monday-Friday 8:30 AM-5 PM (Pacific)	(503) 946-3404 option 3
Weekday evenings (until 8 PM), or on weekends 8:30 AM – 8 PM (Pacific)	(509) 996-3170

**COURSE END: 12 NOON at Sea-Tac Airport (SEA) – Baggage Claim, carousel #1**

Participants will be at the airport by 12 PM and may be picked up at this point or scheduled on a flight that departs **after 2 PM** (at the earliest).

**SITUATIONAL CONSIDERATIONS**

**ACCOMMODATIONS:**

For participants who will be arriving a day early or departing the day after course, we suggest staying at one of the [many hotels](#) located near the Seattle-Tacoma Airport.

**TRAVEL ARRANGEMENTS:**

If you would like professional assistance arranging your flights or hotels, we recommend Southlands Travel since they are familiar with our programs (service fee starting at \$40 per passenger). Please contact them only after receiving final approval for your course, and be prepared with the following information:

**CONTACT:**

Ruby Frederick, CTA  
(303) 680-5241  
ruby@southlandstravel.com

1. Name of caller and full name of person traveling
2. Complete course number (examples: WOTV-941, WOYN-943)
3. City from which the student will be traveling
4. Phone number where you can be reached
5. Age of student and date of birth



### **Outward Bound Health and Safety Standards**

Outward Bound schools continue to monitor the COVID-19 pandemic and will adjust policies and procedures as the situation evolves. Students applying for summer 2021 programs will be advised through frequent email updates about any changes in travel information, testing requirements, and physical distancing and hygiene practices. [For current "Health and Safety Standards for Outward Bound Expeditions," click here](#)

#### **Travel Restrictions**

There may be state-determined travel restrictions for students (related to the states they are traveling from and to.) Currently, OR and WA have no travel restrictions. This is also true for Lewiston, ID, the only ID airport used by NWOBS (note that Boise and Ada Counties do require a 14-day quarantine.) Depending on the state in which a student resides, there may be additional restrictions for travel to Idaho. Please check this list, which is updated weekly <https://www.nytimes.com/2020/07/10/travel/state-travel-restrictions.html> The Northwest Outward Bound School may have additional travel restrictions which will be communicated to students if and when applicable.

#### **Travel Insurance**

Travel insurance is HIGHLY recommended, now more than ever. Travel insurance DOES NOT COVER: fear of getting the Covid-19 virus; or, Outward Bound course cancellation due to the pandemic. Travel insurance DOES COVER a student getting the Covid-19 virus prior to travel, or while they are on the course and needing to quarantine or receive medical attention.

#### **Purchase of Travel Insurance**

When a student is approved for course AND NWOBS has determined that a course has sufficient enrollment to run the course, you will receive an email stating "Cleared to Book Travel." This is the point at which you would purchase insurance, if you choose to do so, from a travel insurance company. Travel insurance companies generally allow 15 days to review the policy and cancel after purchase.

To be covered for pre-existing medical conditions and the possibility of supplier (NWOBS / airline) financial default, you must purchase travel insurance within 21 days of your "Cleared to Book Travel" email date. You may also opt to purchase insurance up until 24 hours prior to your departure from home (driving or flying date) to cover travel alone.